

A photograph of a woman with dark hair tied back, wearing a white long-sleeved top and a black and white checkered skirt, hugging a young child from behind. The child is wearing a white lace-trimmed top and a checkered skirt. The woman's black pants have the word "BYANA" written on the back pocket. A large blue circle with a white border is overlaid on the left side of the image, containing the title text.

CHANGING the Language in Care



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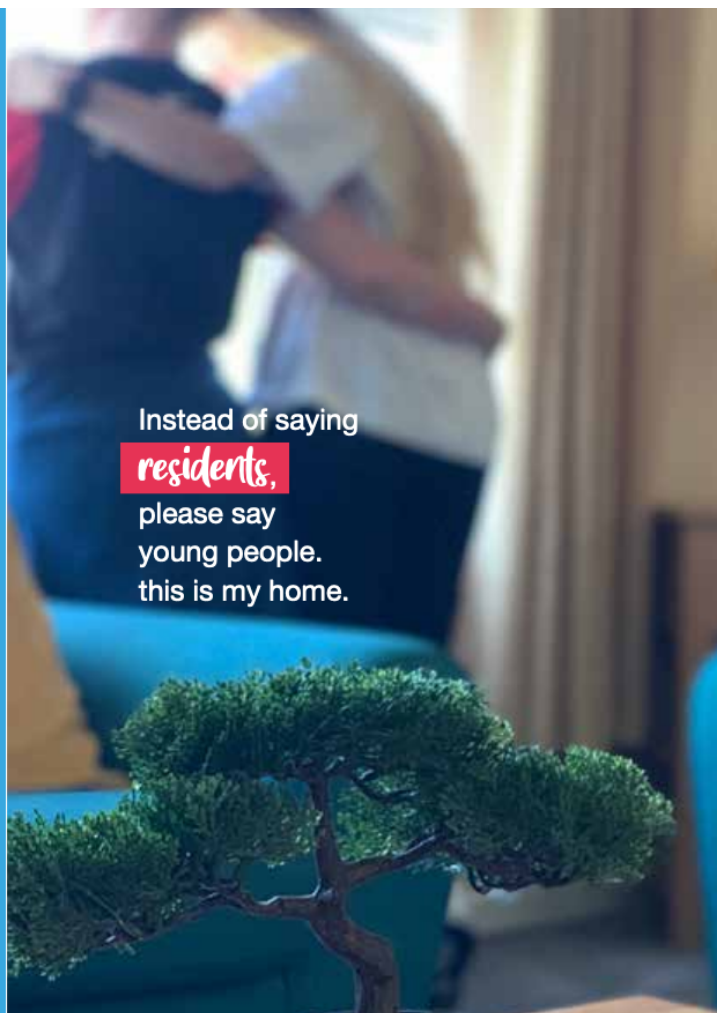
Scotland must change the language of care. Language must be easily understood, be positive and must not create or compound stigma. Scotland must stop using professionalised language to describe meetings and experiences.

The Promise

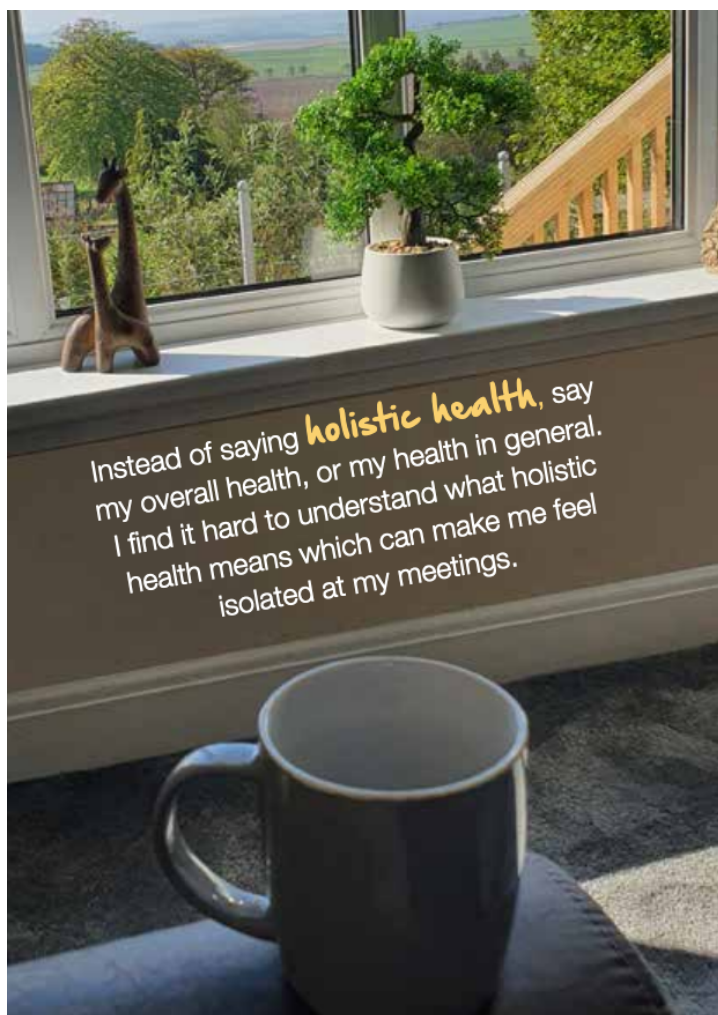
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Created by the young people at Rossie
and Shauni Crighton

Instead of saying
residents,
please say
young people.
this is my home.



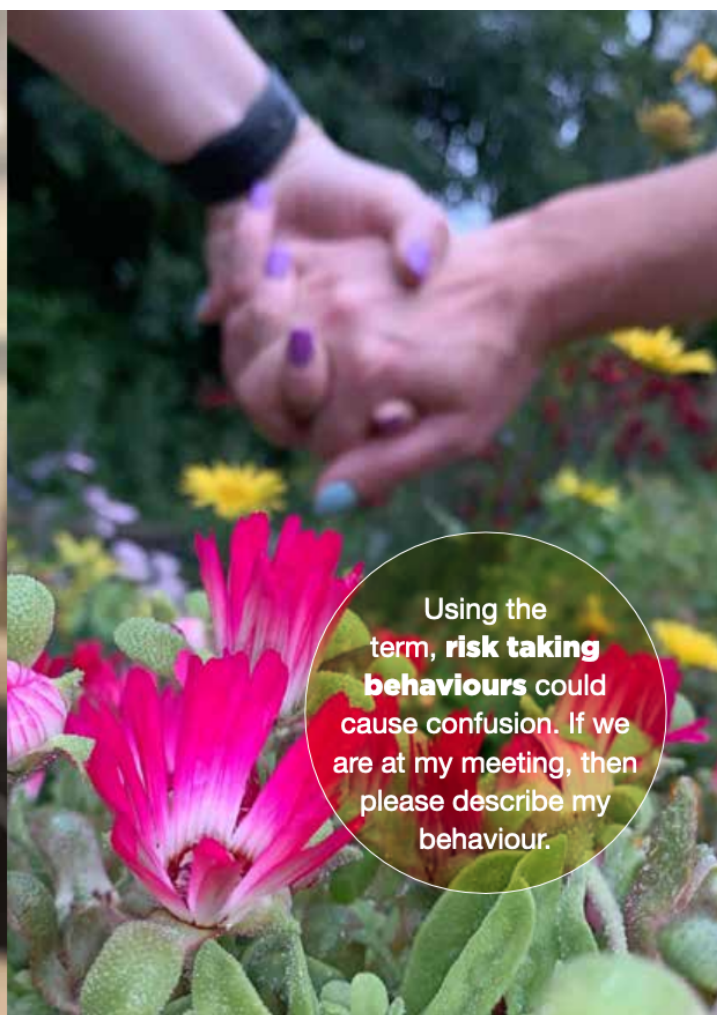


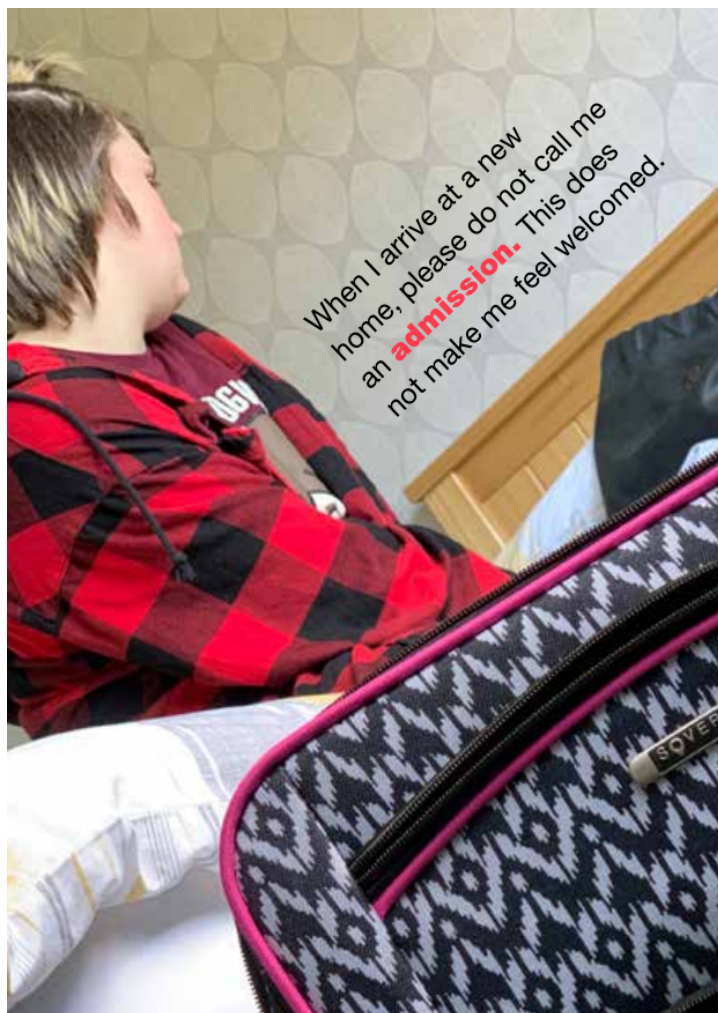


Instead of saying **holistic health**, say
my overall health, or my health in general.
I find it hard to understand what holistic
health means which can make me feel
isolated at my meetings.

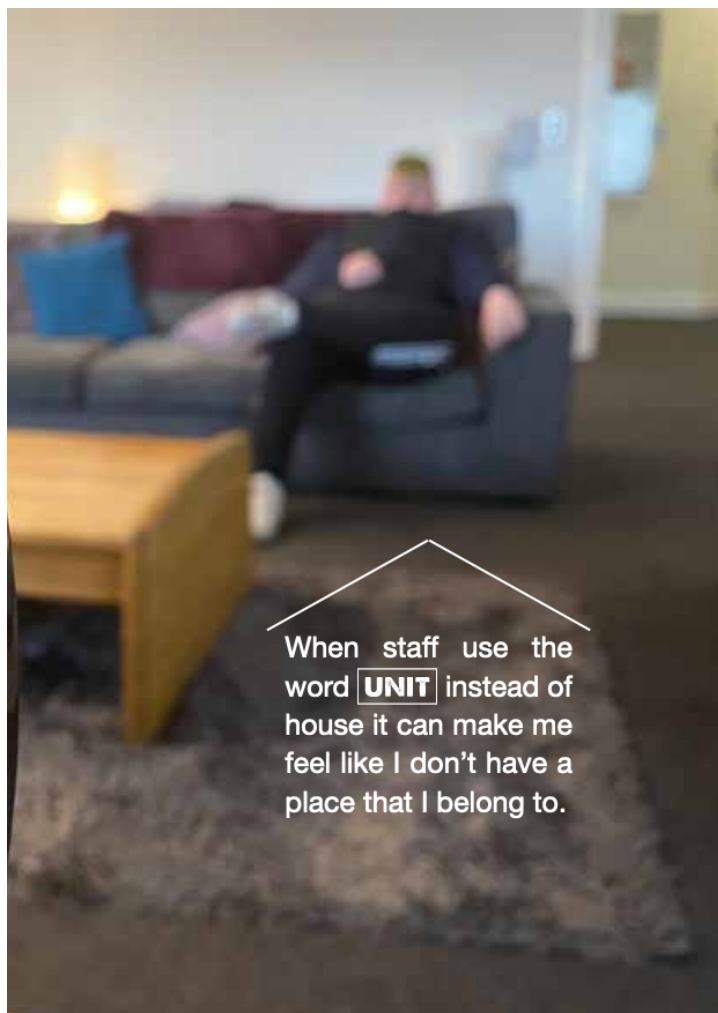


Instead of saying
education,
please say school,
or college.
All of my friends go
to school or college,
not education.



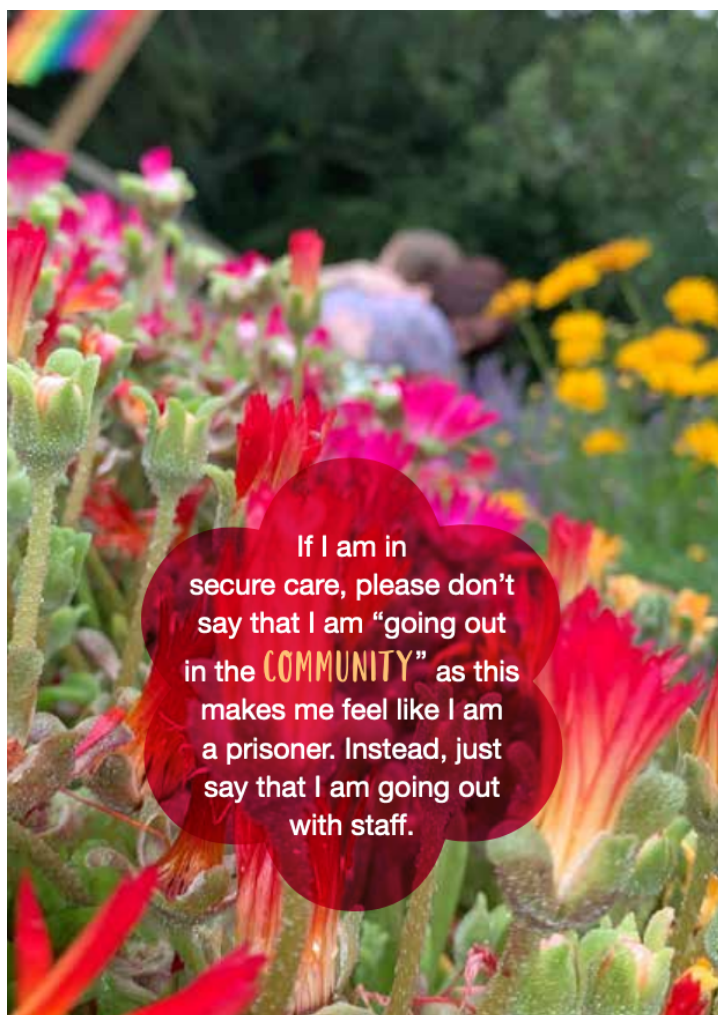









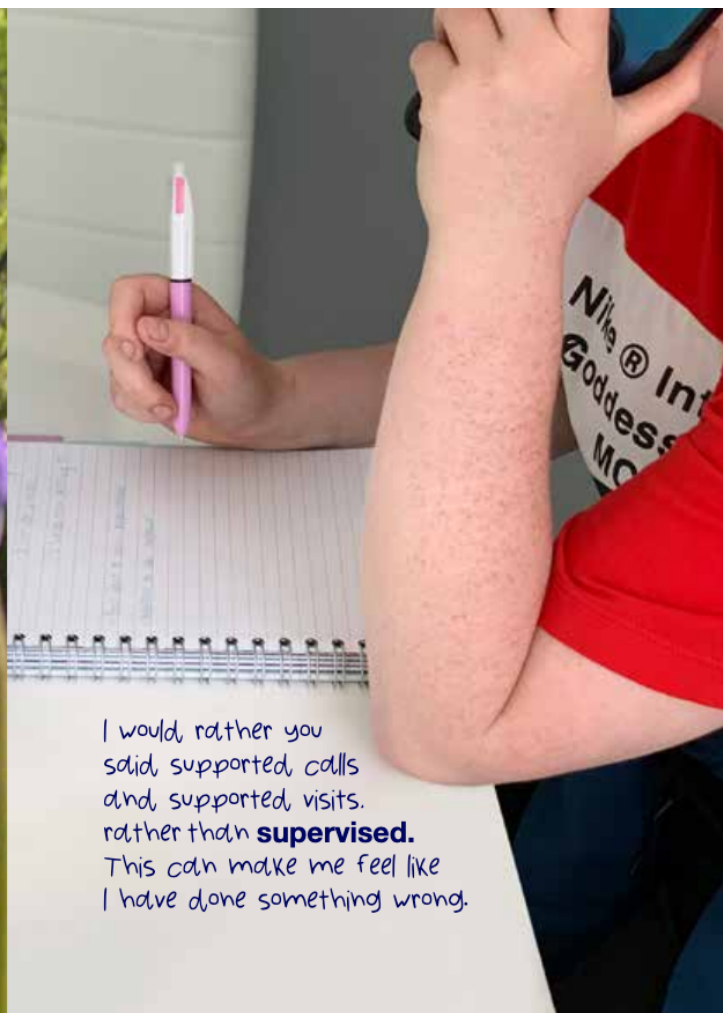
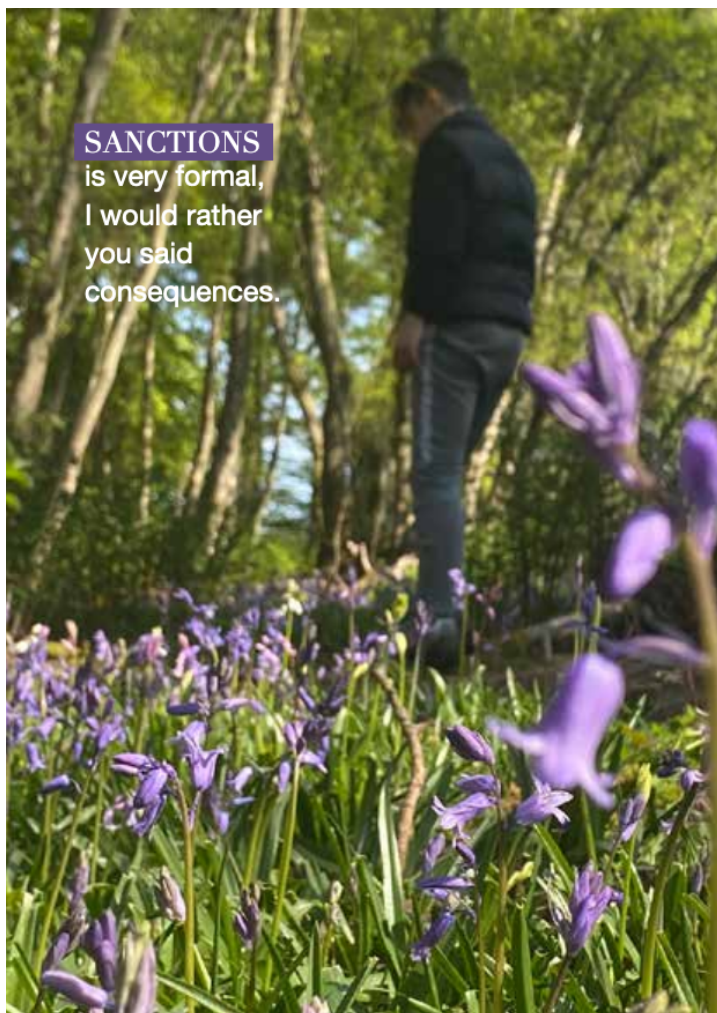




If I am in secure care, please don't say that I am "going out in the **COMMUNITY**" as this makes me feel like I am a prisoner. Instead, just say that I am going out with staff.

A photograph of a field of yellow flowers, possibly rapeseed, with a blurred background of green foliage and a person in the distance.

I know that there are certain things I am not allowed, but I would prefer if you didn't call these things **contraband**. At home, they would just be things that I am not allowed.









I don't

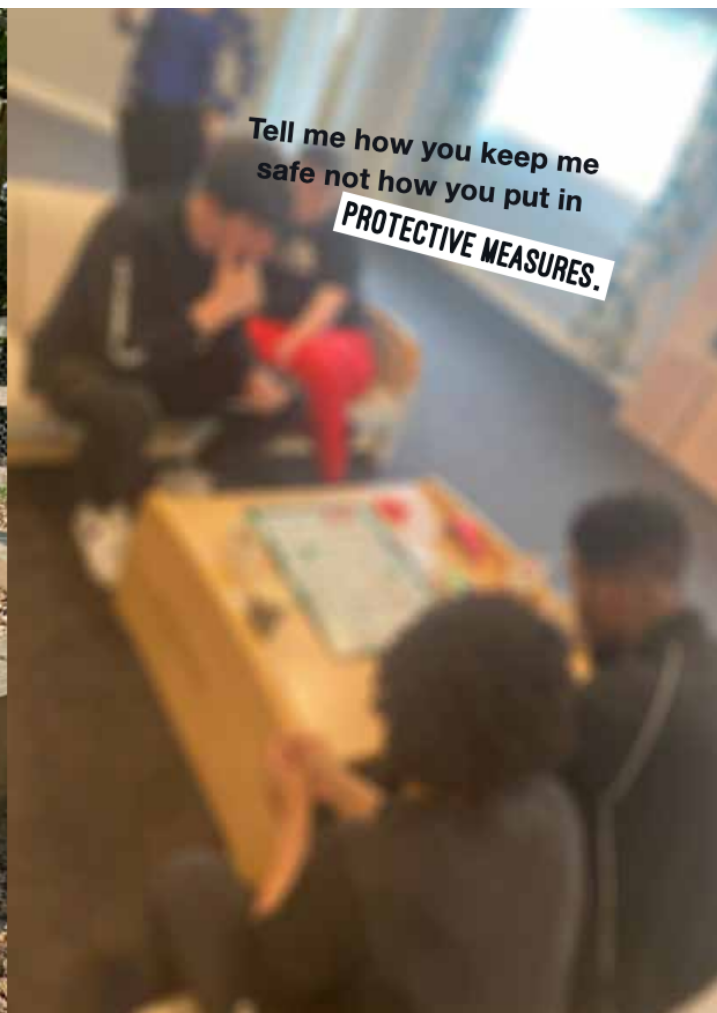
express views

I just say what

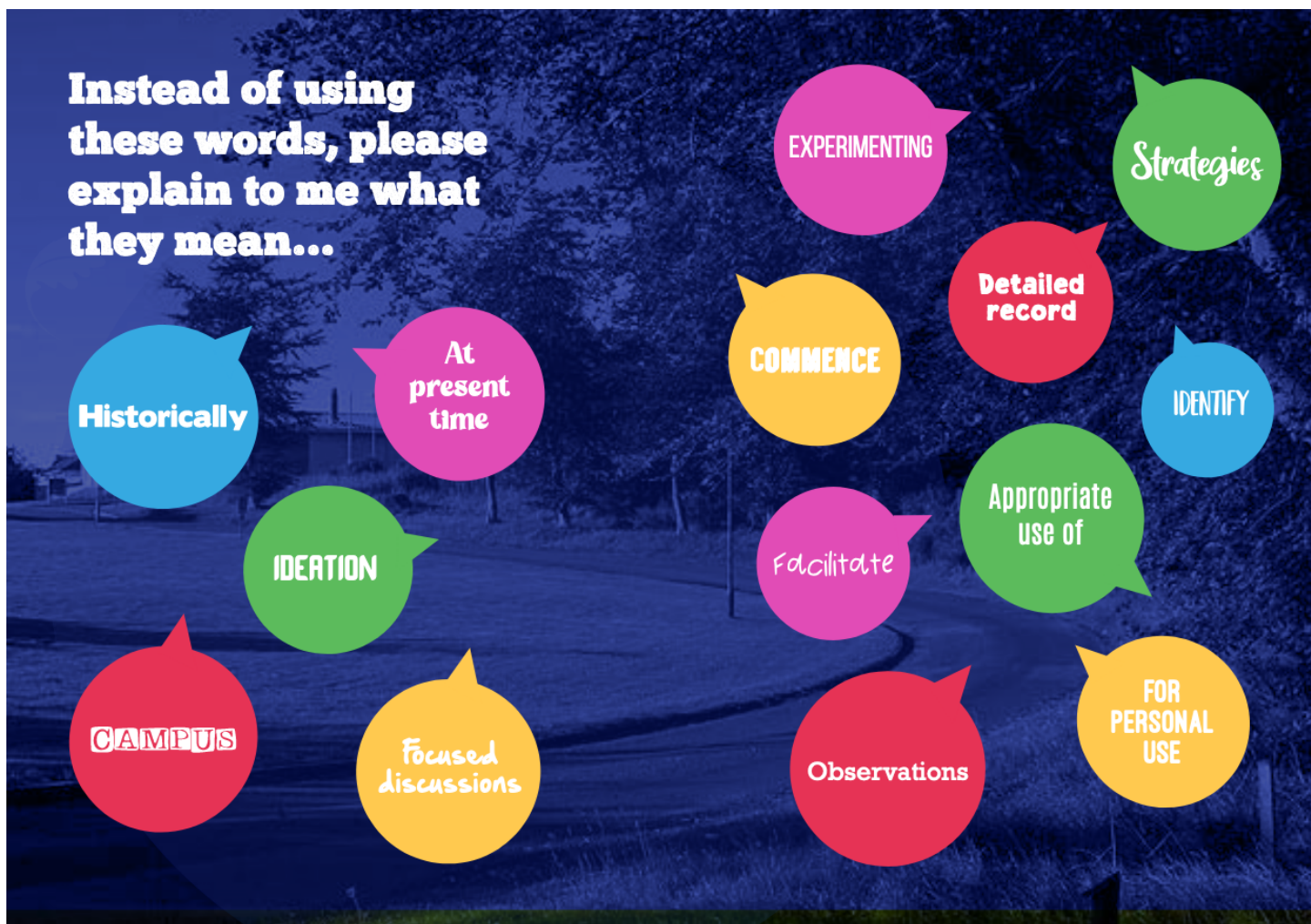
I think and feel.



I didn't **access** the swimming pool / my phone. I just went to the swimming pool / I had my phone.











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